

Doors



As the driver it is your job to make sure all the doors are closed correctly. You can check this by listening for a firm thud when they shut, looking in your door mirrors, and check for any warning lights on the dashboard.

Seat



Adjust your seat so you can comfortably reach the pedals and controls in your car. If you are driving a manual car, make sure that when your left foot presses the clutch pedal all the way down, your left knee has a slight bend.

Seatbelts



Check that all passengers are wearing seatbelts for your safety and theirs. You are legally responsible for ensuring that children aged 13 and under are buckled up, while passengers who are 14 and older should take responsibility for themselves but as the driver its still your job to keep everybody safe.

Steering



Most modern cars have steering wheels that can be adjusted. You should be able to reach the steering wheel easily while still having a clear view of the dashboard. To check if you are in the right position, make sure your wrists can touch the top of the steering wheel without stretching.

Mirrors



Adjust your centre and door mirrors for the best visibility. Start by positioning the centre mirror to clearly frame the rear window. Then, set the door mirrors so that you see about 10 percent of your vehicle, with the horizon in the middle, showing half of the road and half of the sky